



THE GO-GIRLS! PROGRAM IS NOW OFFERED ONLINE!

This is a fun, safe, virtual program for youth in grades 6 - 8 focused on connecting with peers and trained volunteer mentors in a group setting.

This program offers games, activities, and discussions around relevant topics such as: friendships, problem solving, active living, social media, and balanced eating.



FREE



VIRTUAL,
USING ZOOM



MAKE
FRIENDS



GAIN CONFIDENCE
& SELF-ESTEEM

“GO-GIRLS! HAS TAUGHT ME
HOW TO BE CONFIDENT AND
STAND UP FOR MYSELF.”

WANT TO REGISTER?

Contact Vanessa Gale at
vgale@bigsisters.bc.ca or 604-836-2122



This program is run through Big Sisters of BC Lower Mainland and is monitored by staff.



Big Sisters
OF BC LOWER MAINLAND